



LRA by ELISA/ACT® Testing Blocks

Direct Payment / Cash Only

FOOD BLOCK 46

Apple	Chicken	Gluten	Peanut	Tea, Black
Banana	Chocolate/Cocoa	Grape/Raisin, Green	Pear	Tomato
Barley	Cinnamon	Lamb/Mutton	Pork/Bacon/Ham	Tuna
Bean, Soya	Coffee, Decaf & Reg	Lemon	Potato, White	Turkey
Beef/Veal	Cola	Lobster	Rice, White	Wheat
Broccoli	Corn (Maize)	Milk, Pasteurized (Cow)	Rye	Yeast, Baker's
Cabbage/Brussels	Crab	Mustard Greens, Spice	Shrimp	(Geotrichum)
Sprouts	Cucumber	Oats	Squash	Yeast, Brewer's (Torula)
Carrot	Egg, White (Chicken)	Onion, Yellow	Strawberry	
Cauliflower	Egg, Yolk (Chicken)	Orange	Sugar, Cane	