

## FOODS (238 ITEMS)

Almond	Cheese, Processed (Cow)	Gliadin	Papaya	Spelt
Amaranth	Cheese, Romano (Sheep)	Gluten	Paprika	Spinach
Apple	Cheese/Milk (Goat)	Grape/Raisin, Green	Parsley	Squash
Apricot	Cherry	Grape/Raisin, Red	Pea, Green/Snow	Strawberry
Asparagus	Chestnut	Grapefruit	Peach	Tilapia
Avocado	Chicken	Haddock	Peanut	Sugar, Beet
Banana	Chive	Honey	Pear	Sugar, Cane/Sucanat
Barley	Chocolate/Cocoa	Hops	Pecan	Sugar, Corn
Basil	Cilantro	Kale	Pepper, Bell	Sugar, Maple
Bay Leaf	Cinnamon	Kamut	Pepper, Black	Sunflower
Bean, Kidney	Clam	Kiwi	Pepper, Chili/Red	Swordfish
Bean, Lima	Clove	Lactalbumin	Peppermint	Tapioca
Bean, Mung	Coconut	Lamb/Mutton	Pineapple	Tarragon
Bean, Pinto	Cod Liver Oil	Lemon	Plum/Prune	Tea, Black
Bean, Soya	Codfish	Lentils, Red, Green	Pork/Bacon/Ham	Thyme
Bean, String/Wax	Coffee, Decaf & Reg	Lettuce, Iceberg	Potato, Sweet	Tobacco
Beef/Veal	Cola	Lettuce, Red Leaf	Potato, White	Tofu
Beet	Collard Greens	Lettuce, Romaine	Pumpkin	Tomato
Blueberry	Corn (Maize)	Lime	Quinoa	Triticale
Broccoli	Cottonseed Oil	Lobster	Raspberry	Trout
Buckwheat/Kasha	Crab	Malt	Rice, Brown	Tuna
Butter, Whole (Cow)	Cranberry	Mango	Rice, White	Turbot/Whitefish
Cabbage/Brussels Sprouts	Cucumber	Milk, Pasteurized (Cow)	Rice, Wild	Turkey
Cantaloupe/Honeydew	Cumin	Millet	Rosemary	Vanilla
Carob	Currant	Molasses	Rye	Walnut Oil, Black
Carrot	Curry	Mushroom	Safflower Oil	Watermelon
Casein (Cow)	Dill	Mustard Greens/Spice	Sage	Wheat
Cashew	Egg, White (Chicken)	Nutmeg	Salicylate	Yeast, Baker's
Cauliflower	Egg, Yolk (Chicken)	Oats	Salmon/Lox	Yeast, Brewer's
Celery	Eggplant	Olive	Scallop	Yogurt (Cow)
Chamomile	Fig	Onion, Yellow	Sesame/Tahini	Rose Hips
Cheese, Brick (Cow)	Flaxseed/Linseed Oil	Orange	Shrimp	Rutabaga
Cheese, Cottage (Cow)	Garlic	Oregano	Snapper	Sardine
Cheese, Parmesan (Cow)	Ginger	Oyster	Sole/Flounder/Halibut	Scallion/Spring Onion
Acai Berry	Boysenberry	Grape Seed Oil	Parsnip	Spearmint
Alfalfa	Brazil Nut	Hazelnut/Filbert	Pea, Black-eyed	Tamarind
Algae (Chlorella)	Buffalo	Horseradish	Pepper, Cayenne	Tangerine/Mandarin Orange
Algae (Spirulina)	Butter, Clarified (Ghee)	Hydrogenated Oil	Pepper, White	Turmeric
Aloe	Caraway Seed	Kelp/Seaweed	Perch/Mackerel	Turnip Greens
Arrowroot	Catfish	Kombu	Pimiento	Walnut, English
Anchovy	Chard	Lactoglobulin	Pistachio	Watercress
Anise Seed	Coriander	Leek	Pomegranate	Whey
Artichoke	Cream of Tartar	Macadamia	Poppy Seed	
Baking Powder	Date	Mace	Psyllium Seed	
Bass	Deer/Venison	Marjoram	Rabbit	
Bean, Garbanzo	Duck/Goose	Milk, Raw (Cow)	Radish	
Bean, Navy	Endive	Nectarine	Rapeseed/Canola Oil	
Blackberry	Gelatin	Okra	Rhubarb	
Bok Choi	Gin (Juniper Berries)	Palm Oil	Rice, Basmati	

## ALL INCLUSIVE TEST PANEL (CONTINUED)

### Additives/Preservatives (45 ITEMS)

Aspartame/Nutrasweet	Gum, Agar	Nitrates/Nitrites	Sodium Benzoate
BHA	Gum, Carrageenan	Pinene	Sodium Fluoride
BHT	Gum, Guar	Polysorbate 60	Sodium Propionate
Caffeine	Gum, Locust Bean	Polysorbate 80	Sorbitol
Calcium Propionate	Gum, Tragacanth	Potassium Bromate	Sulfite/Metabisulfite
Diacetyl (2,3 Butanedione)	Gum, Xanthan	Propyl Gallate	Xylitol
Gum, Acacia	MSG (Monosodium Glutamate)	Saccharine	Sodium Erythroate
Acesulfame	Gum, Karaya	Polyethylene Glycol	Splenda (Sucralose)
Agave Nectar	Magnesium Stearate	Polysorbate 20	Stevia
Camphor	Mannitol	Potassium Sorbate	
EDTA	Menthol	Propyl Paraben	
Glycerin, Vegetable	Methyl Paraben	Sodium Alginate	

### F, D & C Color Additives (20 ITEMS)

Annatto	D&C Green #8	FD&C Green #3	FD&C Red #3
FD&C Blue #1	D & C Green #5	D&C Orange #4	FD&C Red #40
FD&C Blue #2	D & C Orange #5	D&C Red #22	D&C Yellow #10
Brilliant Black	D & C Red #33	D&C Red #28	FD&C Yellow #5
Carmine/Cochineal	D & C Violet #2	FD&C Red #2	FD&C Yellow #6

### Toxic Minerals/Metals (14 ITEMS)

Aluminum	Cadmium	Mercury	Tin/Stannous Chloride
Antimony	Ethyl Mercury	Methyl Mercury	Titanium Dioxide
Arsenic	Gold	Nickel (II) Chloride	
Barium Sulfate	Lead	Silver	

### Molds (28 ITEMS)

Alternaria alternata	Cladosporium herbarum	Helminthosporium sativum	Rhodotorula
Aspergillus fumigatus	Epicoccum nigrum	Mucor mucedo	Scopulariopsis brevicaulis
Aspergillus niger	Epidermophyton floccosum	Mucor racemosus	Stemphylium botryosum
Aspergillus oryzae	Fusarium solani Fusarium	Penicillium notatum/chrysogenum	Trichoderma harzianum
Botrytis cinerea	vasinfectum Geotrichum	Penicillium roqueforti	Thricothecium roseum
Candida albicans	candidum	Pullularia pullulans	Trichophyton mentagrophytes interdigitale
Cladosporium cladosporioides	Helminthosporium halodes	Rhizopus stolonifer/nigricans	Trichophyton rubrum

### Environmental Chemicals (61 ITEMS)

1,2 Dichlorobenzene	Cis-Dichloroethylene	Halogenated Biocide	Polyvinylpyrrolidone/Povidone
2,4,5 T	(1,2- Dichloroethylene)	Heptachlor	Propylene Glycol (1,2-Propanediol)
2,4 D	Cyclohexylamine	Hexachlorocyclohexane	Pyrene
2-Methyl Pentane	DBCP (1,2 Dibromo-3-chloropropane)	Isopropyl Ether	Selenium Sulfide
3-Methyl Pentane	DDT	Latex	Silicates/Silicon Dioxide
Aldrin	DEET	Maleic Anhydride	Silicone
Benzaldehyde	Detergent (Synthetic)	Metallic Catalyst	Soap (SDS/SLS)
Benzene	Dibutyl Phthalate	Methoxychlor	Tert-Butyl-Ethyl Ether (TBEE)
Benzopyrene	Dieldrin	Methylene Chloride	Tert-Butyl-Methyl Ether (TBME)
Benzyl Acetate	Endrin	(Dichloromethane)	Tetrachloroethylene
Beryllium Oxide	Ethyl Acetate	Morpholine	Toluene
Carbamates	Ethyl Acetoacetate	Nitrosamine Mix	Trichloroethylene (TCE)
Carbon Disulfide	Ethyl Butyrate	Organophosphates	Vinyl Chloride
Carbon Tetrachloride	Ethylene Dibromide	Pentachlorophenol (PCP) and Solvents	Xylene
Chlordane	Formaldehyde	Petroleum By-Products	
Chloroform	Glyphosate	Phenol	
		Phthalates	

## ALL INCLUSIVE TEST PANEL (CONTINUED)

### Medication Block

32 ITEMS

Acetaminophen (Tylenol)	Ciprofloxacin (Cipro)	Gabapentin (Neurontin)	Nystatin
Amitriptyline (Elavil)	Clarithromycin (Biaxin)	Guaifenesin (Mucinex)	Omeprazole (Prilosec)
Amoxicillin	Cyclobenzaprine (Flexeril)	Hydroxy-chloroquine (Plaquenil)	Penicillamine
Ampicillin	Docosanol (Abreva)	Ibuprofen	Penicillin
Aspirin/Coal Tar	Duloxetine (Cymbalta)	Mesalamine (Asacol)	Piroxicam (Feldene)
Atorvastatin (Lipitor)	Erythromycin	Metaxalone (Skelaxin)	Sertraline (Zoloft)
CBD Oil	Fluconazole (Diflucan)	Metformin (Glucophage)	Streptomycin
Cephalexin (Keflex)	Fluoxetine (Prozac)	Naproxen (Aleve)	Tetracycline

### Dander/Hair/Feather Block

10 ITEMS

Cat Dander (Felis catus)	Goose Feathers (Anser anser)	Sheep Wool (Ovis aries)
Dog Dander (Canis familiaris)	Guinea Pig Hair (Cavia porcellus)	Turkey Feathers (Meleagris gallopavo)
Duck Feathers (Anas platyrhynca)	Horse Dander (Equus caballus)	
Goat Hair/Skin Scraping (Capra hircus)	Rabbit Hair (Oryctolagus cuniculus)	

### THERAPEUTIC Food Block 46

Adzuki/Adzuki Bean	Cellulose	Elderberry	Irish Moss	Mushroom, Shitake	Star Fruit
Allspice	Chia Seed	Ginseng, American	Maca	Noni	Tamari
Astragalus	Chicory	Ginseng, Chinese	Miso, Barley	Plum, Umboshi	Wakame
Bamboo	Tea, Green	Ginseng, Siberian	Miso, Brown	Quail	Water Chestnut
Bladderwrack	Cucumber, Japanese	Goji Berry	Miso, Hatcho	Resin	Yaki Nori/Laver
Camu Camu	Dong Quai	Gooseberry	Miso, White	Royal Jelly	Yerba Mate
Cardamon	Dragon Fruit	Hemp	Mushroom, Maitake	Saffron	
Cassava (Yuca)	Dulse	Hijiki	Mushroom, Reishi	Sea Lettuce	

### THERAPEUTIC Herb Block 18

Arnica	Echinacea	Hypericum/ St. John's	Slippery Elm
Artemesia Anua	Ephedra	Wort Lemongrass	Valerian
Bergamot	Feverfew	Licorice	White Willow
Black Cohosh	Goldenseal/Hydrastis	Lomatium	Bark
Chrysanthemum	Hawthorne	Primrose Oil	