

FOODS (238 ITEMS)

| | | | | |
|--------------------------|--------------------------|-------------------------|-----------------------|---------------------------|
| Almond | Cheese, Processed (Cow) | Gliadin | Papaya | Spelt |
| Amaranth | Cheese, Romano (Sheep) | Gluten | Paprika | Spinach |
| Apple | Cheese/Milk (Goat) | Grape/Raisin, Green | Parsley | Squash |
| Apricot | Cherry | Grape/Raisin, Red | Pea, Green/Snow | Strawberry |
| Asparagus | Chestnut | Grapefruit | Peach | Tilapia |
| Avocado | Chicken | Haddock | Peanut | Sugar, Beet |
| Banana | Chive | Honey | Pear | Sugar, Cane/Sucanat |
| Barley | Chocolate/Cocoa | Hops | Pecan | Sugar, Corn |
| Basil | Cilantro | Kale | Pepper, Bell | Sugar, Maple |
| Bay Leaf | Cinnamon | Kamut | Pepper, Black | Sunflower |
| Bean, Kidney | Clam | Kiwi | Pepper, Chili/Red | Swordfish |
| Bean, Lima | Clove | Lactalbumin | Peppermint | Tapioca |
| Bean, Mung | Coconut | Lamb/Mutton | Pineapple | Tarragon |
| Bean, Pinto | Cod Liver Oil | Lemon | Plum/Prune | Tea, Black |
| Bean, Soya | Codfish | Lentils, Red, Green | Pork/Bacon/Ham | Thyme |
| Bean, String/Wax | Coffee, Decaf & Reg | Lettuce, Iceberg | Potato, Sweet | Tobacco |
| Beef/Veal | Cola | Lettuce, Red Leaf | Potato, White | Tofu |
| Beet | Collard Greens | Lettuce, Romaine | Pumpkin | Tomato |
| Blueberry | Corn (Maize) | Lime | Quinoa | Triticale |
| Broccoli | Cottonseed Oil | Lobster | Raspberry | Trout |
| Buckwheat/Kasha | Crab | Malt | Rice, Brown | Tuna |
| Butter, Whole (Cow) | Cranberry | Mango | Rice, White | Turbot/Whitefish |
| Cabbage/Brussels Sprouts | Cucumber | Milk, Pasteurized (Cow) | Rice, Wild | Turkey |
| Cantaloupe/Honeydew | Cumin | Millet | Rosemary | Vanilla |
| Carob | Currant | Molasses | Rye | Walnut Oil, Black |
| Carrot | Curry | Mushroom | Safflower Oil | Watermelon |
| Casein (Cow) | Dill | Mustard Greens/Spice | Sage | Wheat |
| Cashew | Egg, White (Chicken) | Nutmeg | Salicylate | Yeast, Baker's |
| Cauliflower | Egg, Yolk (Chicken) | Oats | Salmon/Lox | Yeast, Brewer's |
| Celery | Eggplant | Olive | Scallop | Yogurt (Cow) |
| Chamomile | Fig | Onion, Yellow | Sesame/Tahini | Rose Hips |
| Cheese, Brick (Cow) | Flaxseed/Linseed Oil | Orange | Shrimp | Rutabaga |
| Cheese, Cottage (Cow) | Garlic | Oregano | Snapper | Sardine |
| Cheese, Parmesan (Cow) | Ginger | Oyster | Sole/Flounder/Halibut | Scallion/Spring Onion |
| Acai Berry | Boysenberry | Grape Seed Oil | Parsnip | Spearmint |
| Alfalfa | Brazil Nut | Hazelnut/Filbert | Pea, Black-eyed | Tamarind |
| Algae (Chlorella) | Buffalo | Horseradish | Pepper, Cayenne | Tangerine/Mandarin Orange |
| Algae (Spirulina) | Butter, Clarified (Ghee) | Hydrogenated Oil | Pepper, White | Turmeric |
| Aloe | Caraway Seed | Kelp/Seaweed | Perch/Mackerel | Turnip Greens |
| Arrowroot | Catfish | Kombu | Pimiento | Walnut, English |
| Anchovy | Chard | Lactoglobulin | Pistachio | Watercress |
| Anise Seed | Coriander | Leek | Pomegranate | Whey |
| Artichoke | Cream of Tartar | Macadamia | Poppy Seed | |
| Baking Powder | Date | Mace | Psyllium Seed | |
| Bass | Deer/Venison | Marjoram | Rabbit | |
| Bean, Garbanzo | Duck/Goose | Milk, Raw (Cow) | Radish | |
| Bean, Navy | Endive | Nectarine | Rapeseed/Canola Oil | |
| Blackberry | Gelatin | Okra | Rhubarb | |
| Bok Choi | Gin (Juniper Berries) | Palm Oil | Rice, Basmati | |

PROFESSIONAL'S CHOICE TEST PANEL (CONTINUED)

Additives/Preservatives (28 ITEMS)

| | | | |
|----------------------------|----------------------------|-------------------|-----------------------|
| Aspartame/Nutrasweet | Gum, Agar | Nitrates/Nitrites | Sodium Benzoate |
| BHA | Gum, Carrageenan | Pinene | Sodium Fluoride |
| BHT | Gum, Guar | Polysorbate 60 | Sodium Propionate |
| Caffeine | Gum, Locust Bean | Polysorbate 80 | Sorbitol |
| Calcium Propionate | Gum, Tragacanth | Potassium Bromate | Stevia |
| Diacetyl (2,3 Butanedione) | Gum, Xanthan | Propyl Gallate | Sulfite/Metabisulfite |
| Gum, Acacia | MSG (Monosodium Glutamate) | Saccharine | Xylitol |

F, D & C Color Additives (20 ITEMS)

| | | | |
|-------------------|-----------------|---------------|----------------|
| Annatto | D&C Green #8 | FD&C Green #3 | FD&C Red #3 |
| FD&C Blue #1 | D & C Green #5 | D&C Orange #4 | FD&C Red #40 |
| FD&C Blue #2 | D & C Orange #5 | D&C Red #22 | D&C Yellow #10 |
| Brilliant Black | D & C Red #33 | D&C Red #28 | FD&C Yellow #5 |
| Carmine/Cochineal | D & C Violet #2 | FD&C Red #2 | FD&C Yellow #6 |

Toxic Minerals/Metals (14 ITEMS)

| | | | |
|----------------|---------------|----------------------|-----------------------|
| Aluminum | Cadmium | Mercury | Tin/Stannous Chloride |
| Antimony | Ethyl Mercury | Methyl Mercury | Titanium Dioxide |
| Arsenic | Gold | Nickel (II) Chloride | |
| Barium Sulfate | Lead | Silver | |

Molds (28 ITEMS)

| | | | |
|------------------------------|--------------------------|---------------------------------|---|
| Alternaria alternata | Cladosporium herbarum | Helminthosporium sativum | Rhodotorula |
| Aspergillus fumigatus | Epicoccum nigrum | Mucor mucedo | Scopulariopsis brevicaulis |
| Aspergillus niger | Epidermophyton floccosum | Mucor racemosus | Stemphylium botryosum |
| Aspergillus oryzae | Fusarium solani Fusarium | Penicillium notatum/chrysogenum | Trichoderma harzianum |
| Botrytis cinerea | vasinfectum Geotrichum | Penicillium roqueforti | Thricothecium roseum |
| Candida albicans | candidum | Pullularia pullulans | Trichophyton mentagrophytes interdigitale |
| Cladosporium cladosporioides | Helminthosporium halodes | Rhizopus stolonifer/nigricans | Trichophyton rubrum |

Environmental Chemicals (61 ITEMS)

| | | | |
|----------------------|------------------------------------|--------------------------------------|------------------------------------|
| 1,2 Dichlorobenzene | Cis-Dichloroethylene | Halogenated Biocide | Polyvinylpyrrolidone/Povidone |
| 2,4,5 T | (1,2- Dichloroethylene) | Heptachlor | Propylene Glycol (1,2-Propanediol) |
| 2,4 D | Cyclohexylamine | Hexachlorocyclohexane | Pyrene |
| 2-Methyl Pentane | DBCP (1,2 Dibromo-3-chloropropane) | Isopropyl Ether | Selenium Sulfide |
| 3-Methyl Pentane | DDT | Latex | Silicates/Silicon Dioxide |
| Aldrin | DEET | Maleic Anhydride | Silicone |
| Benzaldehyde | Detergent (Synthetic) | Metallic Catalyst | Soap (SDS/SLS) |
| Benzene | Dibutyl Phthalate | Methoxychlor | Tert-Butyl-Ethyl Ether (TBEE) |
| Benzopyrene | Dieldrin | Methylene Chloride | Tert-Butyl-Methyl Ether (TBME) |
| Benzyl Acetate | Endrin | (Dichloromethane) | Tetrachloroethylene |
| Beryllium Oxide | Ethyl Acetate | Morpholine | Toluene |
| Carbamates | Ethyl Acetoacetate | Nitrosamine Mix | Trichloroethylene (TCE) |
| Carbon Disulfide | Ethyl Butyrate | Organophosphates | Vinyl Chloride |
| Carbon Tetrachloride | Ethylene Dibromide | Pentachlorophenol (PCP) and Solvents | Xylene |
| Chlordane | Formaldehyde | Petroleum By-Products | |
| Chloroform | Glyphosate | Phenol | |
| | | Phthalates | |