

**PROFESSIONALS CHOICE TEST PANEL**

**386 items**

**FOODS (166 ITEMS)**

Almond	Cheese, Processed (Cow)	Gliadin	Papaya	Spelt
Amaranth	Cheese, Romano (Sheep)	Gluten	Paprika	Spinach
Apple	Cheese/Milk (Goat)	Grape/Raisin, Green	Parsley	Squash
Apricot	Cherry	Grape/Raisin, Red	Pea, Green/Snow	Strawberry
Asparagus	Chestnut	Grapefruit	Peach	Tilapia
Avocado	Chicken	Haddock	Peanut	Sugar, Beet
Banana	Chive	Honey	Pear	Sugar, Cane/Sucanat
Barley	Chocolate/Cocoa	Hops	Pecan	Sugar, Corn
Basil	Cilantro	Kale	Pepper, Bell	Sugar, Maple
Bay Leaf	Cinnamon	Kamut	Pepper, Black	Sunflower
Bean, Kidney	Clam	Kiwi	Pepper, Chili/Red	Swordfish
Bean, Lima	Clove	Lactalbumin	Peppermint	Tapioca
Bean, Mung	Coconut	Lamb/Mutton	Pineapple	Tarragon
Bean, Pinto	Cod Liver Oil	Lemon	Plum/Prune	Tea, Black
Bean, Soya	Codfish	Lentils, Red, Green	Pork/Bacon/Ham	Thyme
Bean, String/Wax	Coffee, Decaf & Reg	Lettuce, Iceberg	Potato, Sweet	Tobacco
Beef/Veal	Cola	Lettuce, Red Leaf	Potato, White	Tofu
Beet	Collard Greens	Lettuce, Romaine	Pumpkin	Tomato
Blueberry	Corn (Maize)	Lime	Quinoa	Triticale
Broccoli	Cottonseed Oil	Lobster	Raspberry	Trout
Buckwheat/Kasha	Crab	Malt	Rice, Brown	Tuna
Butter, Whole (Cow)	Cranberry	Mango	Rice, White	Turbot/Whitefish
Cabbage/Brussels Sprouts	Cucumber	Milk, Pasteurized (Cow)	Rice, Wild	Turkey
Cantaloupe/Honeydew	Cumin	Millet	Rosemary	Vanilla
Carob	Currant	Molasses	Rye	Walnut Oil, Black
Carrot	Curry	Mushroom	Safflower Oil	Watermelon
Casein (Cow)	Dill	Mustard Greens/Spice	Sage	Wheat
Cashew	Egg, White (Chicken)	Nutmeg	Salicylate	Yeast, Baker's
Cauliflower	Egg, Yolk (Chicken)	Oats	Salmon/Lox	Yeast, Brewer's
Celery	Eggplant	Olive	Scallop	Yogurt (Cow)
Chamomile	Fig	Onion, Yellow	Sesame/Tahini	
Cheese, Brick (Cow)	Flaxseed/Linseed Oil	Orange	Shrimp	
Cheese, Cottage (Cow)	Garlic	Oregano	Snapper	
Cheese, Parmesan (Cow)	Ginger	Oyster	Sole/Flounder/Halibut	

**Environmental Chemicals (61 ITEMS)**

1,2 Dichlorobenzene	Cis-Dichloroethylene (1,2- Dichloroethylene)	Halogenated Biocide	Polyvinylpyrrolidone/Povidone
2,4,5 T	Cyclohexylamine	Heptachlor	Propylene Glycol (1,2-Propanediol)
2,4 D	DBCP (1,2 Dibromo-3-chloropropane)	Hexachlorocyclohexane	Pyrene
2-Methyl Pentane	DDT	Isopropyl Ether	Selenium Sulfide
3-Methyl Pentane	DEET	Latex	Silicates/Silicon Dioxide
Aldrin	Detergent (Synthetic)	Maleic Anhydride	Silicone
Benzaldehyde	Dibutyl Phthalate	Metallic Catalyst	Soap (SDS/SLS)
Benzene	Dieldrin	Methoxychlor	Tert-Butyl-Ethyl Ether (TBEE)
Benzopyrene	Endrin	Methylene Chloride (Dichloromethane)	Tert-Butyl-Methyl Ether (TBME)
Benzyl Acetate	Ethyl Acetate	Morpholine	Tetrachloroethylene
Beryllium Oxide	Ethyl Acetoacetate	Nitrosamine Mix	Toluene
Carbamates	Ethyl Butyrate	Organophosphates	Trichloroethylene (TCE)
Carbon Disulfide	Ethylene Dibromide	Pentachlorophenol (PCP) and Solvents	Vinyl Chloride
Carbon Tetrachloride	Formaldehyde	Petroleum By-Products	Xylene
Chlordane	Glyphosate	Phenol	
Chloroform		Phthalates	

## Molds (25 ITEMS)

Alternaria alternata	Cladosporium herbarum	Helminthosporium sativum	Rhodotorula
Aspergillus fumigatus	Cladosporium herbarum	Mucor mucedo	Rhodotorula
Aspergillus niger	Epidermophyton floccosum	Mucor racemosus	Scopulariopsis brevicaulis
Aspergillus oryzae	Fusarium solani	Penicillium notatum/chrysogenum	Stemphylium botryosum
Botrytis cinerea	Fusarium vasinfectum	Penicillium roqueforti	Trichoderma harzianum
Candida albicans	Geotrichum candidum	Pullularia pullulans	Thricothecium roseum
Cladosporium cladosporioides	Helminthosporium sativum	Rhizopus stolonifer/nigrans	Trichophyton mentagrophytes interdigitale

## Additives/Preservatives (28 ITEMS)

Aspartame/NutraSweet	Gum, Agar	Nitrates/Nitrites	Sodium Benzoate
BHA	Gum, Carrageenan	Pinene	Sodium Fluoride
BHT	Gum, Guar	Polysorbate 60	Sodium Propionate
Caffeine	Gum, Locust Bean	Polysorbate 80	Sorbitol
Calcium Propionate	Gum, Tragacanth	Potassium Bromate	Stevia
Diacetyl (2,3 Butanedione)	Gum, Xanthan	Propyl Gallate	Sulfite/Metabisulfite
Gum, Acacia	MSG (Monosodium Glutamate)	Saccharine	Xylitol

## F, D & C Color Additives (20 ITEMS)

Annatto	D&C Green #8	FD&C Green #3	FD&C Red #3
FD&C Blue #1	D&C Green #5	D&C Orange #4	FD&C Red #40
FD&C Blue #2	D&C Orange #5	D&C Red #22	D&C Yellow #10
Brilliant Black	D&C Red #33	D&C Red #28	FD&C Yellow #5
Carmine/Cochineal	D&C Violet #2	FD&C Red #2	FD&C Yellow #6

## Toxic Minerals/Metals (14 ITEMS)

Aluminum	Cadmium	Mercury	Tin/Stannous Chloride
Antimony	Ethyl Mercury	Methyl Mercury	Titanium Dioxide
Arsenic	Gold	Nickel (II) Chloride	
Barium Sulfate	Lead	Silver	

## + Foods (72 ITEMS)

Acai Berry	Boysenberry	Grape Seed Oil	Parsnip	Rose Hips
Alfalfa	Brazil Nut	Hazelnut/Filbert	Pea, Black-eyed	Rutabaga
Algae (Chlorella)	Buffalo	Horseradish	Pepper, Cayenne	Sardine
Algae (Spirulina)	Butter, Clarified (Ghee)	Hydrogenated Oil	Pepper, White	Scallion/Spring Onion
Aloe	Caraway Seed	Kelp/Seaweed	Perch/Mackerel	Spearmint
Arrowroot	Catfish	Kombu	Pimiento	Tamarind
Anchovy	Chard	Lactoglobulin	Pistachio	Tangerine/Mandarin Orange
Anise Seed	Coriander	Leek	Pomegranate	Turmeric
Artichoke	Cream of Tartar	Macadamia	Poppy Seed	Turnip Greens
Baking Powder	Date	Mace	Psyllium Seed	Walnut, English
Bass	Deer/Venison	Marjoram	Rabbit	Watercress
Bean, Garbanzo	Duck/Goose	Milk, Raw (Cow)	Radish	Whey
Bean, Navy	Endive	Nectarine	Rapeseed/Canola Oil	
Blackberry	Gelatin	Okra	Rhubarb	
Bok Choi	Gin (Juniper Berries)	Palm Oil	Rice, Basmati	